

# School Counseling Newsletter

School Counseling Newsletter • Caroline High School • April 2018 • School Code: 471200

## How to Decide Where to Go!

### 1. Compare financial aid packages

Once you have received a letter of acceptance, you will also receive a financial aid award letter, which will detail any grants, scholarships, work study and other aid that you may receive. There are two ways to compare financial aid packages:

- Calculate the bottom line of what you will owe at each school. Look at the net price, see what out-of-pocket expenses you are expected to pay now, and consider how much student loan debt you'll need to incur over 4 years. All of these factors are very important.
- Compare the component parts of each financial aid package. Look at these letters closely to determine how much of the financial aid offer is gift aid—money you won't need to pay back—and how much is self-help aid, or money that comes in the form of work study or loans.

### 2. Make a list of Pros and Cons for each school

You may have this information swirling around in your head already, but take the time to write it down with pros on one side of the page and cons on the other. There is something powerful about seeing this list in writing. Pros and cons can be anything from cost to the cafeteria food, so think carefully about each and every aspect of the schools as you know them. You may find that one or more of your colleges really has a con that is a deal breaker, which will make it easier for you to take that school off of your final list.

### 3. Visit or re-visit the campuses

If you are going to spend 4 years and a lot of money on your education, go to great lengths to make sure you like your new home. Most colleges will give accepted students the opportunity to visit, sit in on classes, and more. Take the time to ask tough questions, read the campus newspaper, and whatever else you can do to see the good and the bad. Also, don't be afraid to strike up a conversation with any student you run into. Remember that tour guides are trained—and paid—to sell you on the school. They would never intentionally mislead you, but it's always good to get other perspectives on the school.

### 4. Stay overnight on campus

Again, most colleges will allow accepted students to stay overnight with a host. This is the best way to get a true feel for the campus dynamic. You'll get a sense for what life will be like here, and be able to envision how your routine might look on the average day. Staying on campus can also give you a sense for distance and convenience of campus locations—try to imagine how you would go throughout your day if you woke up each morning in the dorm. Do you have easy access to the things and places you need most?

### 5. Listen to your gut

All in all, choosing the right college can be a logical, methodical choice, but it can also be part gut feeling. Don't ignore one in favor of the other. If your gut is telling you that one college "feels" more right than another, then it's probably worth taking the time to think about why that is. Maybe it's the scenery on campus, the vibe of the culture, or the people you have met on campus.

Take all of these things into consideration, but do be careful not to let a "gut" feeling outweigh all of the measurable facts about a college. Find a balance and you'll ultimately make the right choice.

**Choosing a college is part art and part science, embrace both parts and good luck!**

Article from: <https://www.collegeraptor.com/college-guide/college-admissions/making-your-final-college-choice-how-to-decide-where-to-attend/>

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# Scholarship Opportunities

*If a transcript and/or letter of recommendation is needed for your scholarship remember to make your requests at least two weeks prior to when you are picking up your transcript and/or letter!*

**Please see Ms. McMullin if you have any questions about scholarships!**

## **The Caroline County Agricultural Fair Career and Technical Education Scholarship**

- Qualifications: for graduating high school seniors of Caroline High School who is pursuing further studies in the career and technical field.
- Amount: \$500
- Deadline: April 1, 2018
- Procedure: See the School Counseling website for the application

## **Historic Fredericksburg Region - Antique Automotive Club of America**

- Qualifications: must be senior planning to continue education in Automotive Technologies.
- Amount: \$500
- Deadline: April 1, 2018
- Procedure: submit a written resume or portfolio with details of current studies and plans to continue your education in the automotive industry. This summary should be no more than 2 pages. It should include institution and studies in which you plan to be enrolled and your goals for after completion of study. The summary is due to Doug Makin at 903 Marye Street, Fredericksburg, VA 22401

## **The Maxine M. Newell Scholarship**

- Qualifications: must be a female graduating senior accepted at an accredited four -year college, university, or community college with the intention of transferring to a four-year college or university. Have a 2.5 GPA or higher. Exhibit outstanding leadership skills. Have contributed notable community service. Have financial need. Must be pursuing a degree in a field that will help children.
- Amount: \$500
- Deadline: April 6, 2018
- Procedure: See the School Counseling website for the application

## **The Maude B. Murchison Scholarship**

- Qualifications: must be a female graduating senior accepted at an accredited four -year college, university, or community college with the intention of transferring to a four-year college or university. Have a 2.5 GPA or higher. Exhibit outstanding leadership skills. Have contributed notable community service. Have financial need.
- Amount: \$500
- Deadline: April 6, 2018
- Procedure: See the School Counseling website for the application

## **The Gwen Durrett Memorial Scholarship**

- Qualifications: Must be a college bound senior, attending Caroline High School, that is also a female athlete. All female players that have lettered in at least one varsity sport are eligible. Money will be send directly to the college. If the recipient fails to attend college, the scholarship money will be returned to the scholarship fund.
- Amount: \$2,000
- Deadline: April 15, 2018
- Procedure: See the School Counseling website for the application.

## **Madison Ruritan Club of Ladysmith Scholarship**

- Qualifications: must be a CHS senior.
- Amount: \$600
- Deadline: April 16, 2018
- Procedure: See the School Counseling website for the application.

## **The Dan Moody Scholarship Fund**

- Qualifications: must be a senior graduating from CHS, interested in studying agriculture (including, but not restricted to: biology, animal science, poultry science, horticulture, forestry, wildlife management, veterinary science, or environmental science), and have been accepted to a 4 or 2 year college.

- Amount: \$1,000
- Deadline: April 20, 2018
- Procedure: See the School Counseling website for the application

### **The CHS Honorary Alumni Scholarship**

- Qualifications: The student must be a graduating African-American senior of Caroline High School accepted to an accredited four-year college or university. The student should have a 3.0 grade point average or higher. The student must be involved in a sport or club each year of high school. Student must have completed 10 hours of community service throughout high school career or maintained consistent employment.
- Amount: \$500
- Deadline: April 20, 2018
- Procedure: See <https://tinyurl.com/CHSHAS2018> for application details

### **The Caroline High School Virginia Blood Services Scholarship**

- Qualifications: Must be a member of the CHS National Honor Society and have assisted with the blood drives.
- Amount: to be determined
- Deadline: April 20, 2018
- Procedure: Applications are on the school counseling website. Completed applications should be returned to Ms. McMullin.

### **NHS Community Service Scholarship**

- Qualifications: Must be a member of the CHS National Honor Society.
- Amount: to be determined
- Deadline: April 20, 2018
- Procedure: Applications are on the school counseling website. Completed applications should be returned to Ms. McMullin.

### **Sallie Holland & Wesley Peters Hicks Scholarship Fund**

- Qualifications: Must be a high school senior, must be planning to attend a four year college, and must have a cumulative GPA of at least a 3.5
- Amount: \$905.00
- Deadline: April 20, 2018
- Procedure: Applications are on the school counseling website. Completed applications should be returned to Ms. McMullin.

### **J. Kemp Smith Memorial Scholarship**

- Qualifications: must be in the top 30% of your class looking to seek a degree in business
- Amount: \$500.00
- Deadline: April 20, 2018
- Procedure: Applications are on the school counseling website.

### **William Anderson Memorial Scholarship**

- Qualifications: must be seeking a career or technical education degree
- Amount: \$500.00
- Deadline: April 20, 2018
- Procedure: Applications are on the school counseling website.

### **George B. Ruffin Scholarship**

- Qualifications: must be planning to attend a 2 year or 4 year college and have a 3.0 or higher GPA.
- Amount: amount not specified
- Deadline: April 20, 2018
- Procedure: Applications are on the school counseling website. Applications should be mailed to the address at the top of the application.

### **Cheryl Lockett Oliver & Raymond D. Patterson Scholarship**

- Qualifications: College bound high school senior and student-athlete in the Richmond MSA, Demonstrated financial need as evidenced by FAFSA EFC score and completion of a short essay, Minimum GPA of 2.5
- Amount: \$2,500
- Deadline: April 30, 2018
- Procedure: Visit <https://www.tfaforms.com/4651616> for more information

### **2018 Caroline County Farm Bureau Scholarship Award**

- Qualifications: must have applied for admission to an accredited institution of post secondary education, preferably in the state of Virginia. Will continue his/her education in a course curriculum related to agriculture, forestry, natural resource conservation, or environmental studies. Possess good communicative and quantitative skills as indicated by his/her scholastic record and/or personal interview,
- Amount: \$1,000
- Deadline: April 30, 2018
- Procedure: Applications are on the school counseling website. Completed applications should be returned to Ms. McMullin

### **Fredericksburg Area Tennis Patrons College Scholarship**

- Qualifications: have a 3.0 minimum GPA, demonstrate involvement thru community/volunteer work, extracurricular activities, and/or job experience, have a varsity letter in tennis.
- Amount: 2 \$500 scholarships
- Deadline: May 10, 2018
- Procedure: Applications are on the school counseling website.

### **2018 Betty J. Hunter Bazemore Scholarship**

- Qualifications: Must be a resident of the counties of Spotsylvania, Caroline, Culpeper, King George, Stafford and the City of Fredericksburg, VA. Must be actively involved in your church ministries and or community service. (i.e. volunteering at the hospital, non-profit organizations, feeding the homeless) Need to provide proof and information needs to be verifiable.
- Amount: amount not specified
- Deadline: June 29, 2018
- Procedure: Applications are on the school counseling website.

# **National College Signing Day - April 30, 2018**



Seniors! We will be recognizing acceptance into 2 year colleges, 4 year colleges, technical schools, and the military but we need your help. If you have not turned in any acceptance letters (or scholarship letters) please bring them to the school counseling department by April 23rd in order to participate in National College Signing Day. If you are planning to attend a 2 year college, make sure you let your counselor know. You won't want to miss this special event!



### ***Schedule for College Signing Day:***

**Morning:** Students will walk through their old Caroline County Public Schools elementary schools. Make sure to bring caps, gowns, and tassels!

**Afternoon:** College Signing at Caroline High School beginning at 1:30 pm

***Make sure to turn in your letters now to be able to participate in these exciting events!***

# Important Upcoming Dates

## SAT Test Dates

## ACT Test Dates

SAT Date	Deadline	Late Deadline	ACT Date	Deadline	Late Deadline
05/05/2018	04/06/2018	04/25/2018	04/14/2018	03/09/2018	05/18/2018
06/02/2018	05/03/2018	05/23/2018	06/09/2018	05/04/2018	05/18/2018
			07/14/2018	06/15/2018	06/22/2018

Register for the SAT online at [www.collegeboard.org](http://www.collegeboard.org)

Register for the ACT online at [www.actstudent.org](http://www.actstudent.org)

Cost: \$45.00 (no writing)  
\$57.00 (with writing)

late fee: \$73.00  
late fee: \$85.00

Cost: \$42.50 (no writing)  
\$58.50 (with writing)

late fee: \$73.00  
late fee: \$86.00

**\*\* If you receive free or reduced lunch you can receive a SAT or ACT fee waiver. See Mrs. Moore for details! \*\***

## Who Are School Counselors and How Can They Help You?

- School Counselors help students improve academic achievement, personal and social development and career planning.
- They are certified or licensed professionals who possess a master's degree or higher in school counseling, meet the state certification/licensure standards and abide by the laws of the states in which they are employed.
- School Counselors address the academic and developmental needs of all students, by collaborating with students, parents, school staff and the community.
- They design, implement, and maintain guidance programs that align with the educational mission and philosophies of their schools and school districts.
- Schools Counselors work with students in individual, small group and classroom settings.
- They manage their counseling program just as teachers manage their curriculum.
- School Counselors hold their programs accountable for student achievement by making data-based and data-driven decisions about the school counseling program.

### April 2018

April 2-8: Spring Break  
 April 13: CTE Workplace Readiness Day  
 April 16-19: Benchmarks  
 April 18: Germanna Enrollment Day (5-7 pm)  
 April 19: Academic Awards (6 pm- invite only!)  
 April 20: Interims go home  
 April 27: Prom!  
 April 30: College Decision Day

### May 2018

May 1: Make sure to pay the deposit for 4 year colleges!  
 May 1-4: Term Grad SOLs  
 May 7-18: AP Testing  
 May 8-18: Spring SOL testing  
 May 9: Senior Awards Night (6 pm)  
 May 18: Mandatory Graduation Practice (morning)  
 May 18: GRADUATION!