

# Senior Profile

**Fill this sheet out and return to your School Counselor**

The information you provide will assist the teacher/counselor in writing your letter of recommendation. Do not repeat items in more than one category. Please do not use acronyms; spell out the names of all clubs, etc. Please update your counselor as changes occur!

Full Name: \_\_\_\_\_

Postsecondary Plans (4 year college, 2 year college, technical school, work, military, other): \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

List the schools to which you plan to apply: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

List College Major(s)/Career(s) of Interest/Goals for the Future: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

List Strengths and Weaknesses (Subjects/Skills/Etc): \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Elaborate on any special Honors/Awards/Leadership/Activities/Etc: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Describe your greatest accomplishment: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Disclose any special circumstances (that you do not mind us sharing with colleges): \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

List 3 adjectives that best describe you: \_\_\_\_\_

Will you be the first person in your family to attend college? \_\_\_\_\_

List two teachers that would be able to share your positives: \_\_\_\_\_

## Activity Resume: Grades 9-12

Please list your extracurricular activities for grades 9-12, indicating years of participation and offices held. This information will assist the teacher/counselor in writing your letter of recommendation. Do not repeat items in more than one category. Do not use acronyms; spell out the name of all clubs, etc.

Extracurricular activities (sports, clubs, etc):

Grades	Activity	Responsibilities or Leadership Positions	Achievements

Community Service/Volunteer Involvement:

Grades	Activity	Responsibilities or Leadership Positions	Achievements

Work Experience:

Grades	Activity	Responsibilities or Leadership Positions	Achievements

Hobbies/Interests:

Grades	Activity	Responsibilities or Leadership Positions	Achievements