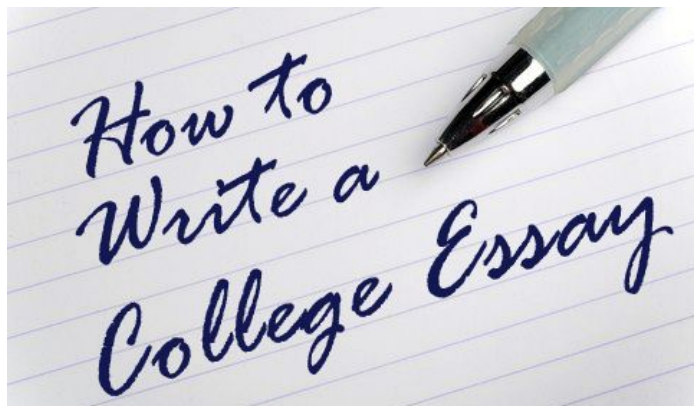


School Counseling Newsletter

School Counseling Newsletter • Caroline High School • November/December 2017 • School Code: 471200



Your college essays are the highest ranked non-academic feature of your college application according to the National Association for College Admissions Counseling. Your college essays are the one thing over which you have absolute control. Here are a few tips:

- 1. Get started by brainstorming:** Starting the essay can be the hardest part. Brainstorming about your personality traits and defining your strengths is a good place to begin.
- 2. Let your first draft flow:** After you've gathered your notes, create an outline to organize your essay and decide where you want examples to appear. Now you're ready to write your first draft. Don't worry about making it perfect. Just get your ideas flowing and your thoughts down on paper. You'll fix mistakes and improve the writing in later drafts.
- 3. Develop three essay parts:** Introduction (one paragraph that introduces your essay), body (several paragraphs explaining the main idea with examples), and conclusion (one paragraph that summarizes and ends the essay).
- 4. Be specific:** Give your essay focus by figuring out how the question relates to your personal qualities and then taking a specific angle. Make sure everything you write supports that viewpoint.
- 5. Find a creative angle:** Write something new and interesting that isn't like every other essay an admissions officer is reading.
- 6. Be honest:** The essay question might ask you about your best quality, an experience that shaped you or the reason you want to attend a certain college. Don't be tempted to write what you think the admissions officer wants to hear, answer the question honestly.
- 7. Get feedback:** Show your draft to family, friends, or teachers. Ask if it makes sense and sounds like you. Consider their feedback and make changes, but keep your voice.
- 8. Proofread and make corrections:** Read your essay over carefully to check for typos and spelling and grammar errors. It's best to ask someone who hasn't seen it yet to take a look as well. They're likely to see mistakes you won't catch.

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FAFSA Priority Filing Deadlines

School	Deadline	School	Deadline
Averett University	March 1, 2018	Old Dominion University	February 1, 2018
Bluefield College	March 15, 2018	Radford University	December 1, 2017
Bridgewater College	March 1, 2018	Randolph College	March 1, 2018
Christendom College	March 15, 2018	Randolph Macon College	March 1, 2018
Christopher Newport University	March 1, 2018	Regent University	March 15, 2018
College of William and Mary	March 1, 2018	Richard Bland College	March 1, 2018
Eastern Mennonite University	March 1, 2018	Roanoke College	March 1, 2018
Emory & Henry College	March 1, 2018	Shenandoah University	March 15, 2018
Ferrum College	March 1, 2018	Southern Virginia University	May 15, 2018
George Mason University	March 1, 2018	Sweet Briar College	February 15, 2018
Germanna Community College	April 1, 2018	University of Mary Washington	February 1, 2018
Hampden Sydney College	March 1, 2018	University of Richmond	February 1, 2018
Hampton University	February 15, 2018	University of Virginia	March 1, 2018
Hollins University	January 1, 2018	University of Virginia at Wise	February 15, 2018
James Madison University	March 1, 2018	Virginia Commonwealth University	March 1, 2018
Liberty University	January 15, 2018	Virginia Military Institute	March 1, 2018
Longwood University	March 1, 2018	Virginia State University	March 31, 2018
Lynchburg College	February 1, 2018	Virginia Tech	January 15, 2018
Mary Baldwin University	March 1, 2018	Virginia Union University	March 2, 2018
Marymount University	January 1, 2018	Virginia Wesleyan College	March 1, 2018
Norfolk State University	March 1, 2018	Washington & Lee University	February 15, 2018

If you have questions regarding the FAFSA, please see your school counselor ASAP, many deadlines are earlier than previous years!

Scholarship Opportunities

If a transcript and/or letter of recommendation is needed for your scholarship remember to make your requests at least two weeks prior to when you are picking up your transcript and/or letter!

Please see Ms. McMullin if you have any questions about scholarships!

The Lee-Jackson Educational Foundation Scholarship Program

- Qualifications: a Virginia resident; classified as a junior or senior in a Virginia public, private, or home high school; has not won a Lee-Jackson scholarship before; plans to attend a 4-year accredited U.S. college, and later enrolls as a full-time student
- Amount: up to \$10,000.00
- Deadline: February 2, 2018 to Ms. McMullin
- Procedure: Visit <http://www.lee-jackson.org> for the application and more information.

The Linda and Billy Beale Scholarship

- Qualifications: Be a graduating senior from Caroline High School, Chancellor High School, Colonial Forge High School, Fredericksburg Academy, Fredericksburg Christian School, James Monroe High School, King George High School, Massaponax High School, Mountain View High School, North Stafford High School, Riverbend High School, Spotsylvania High School, Stafford Senior High School. Demonstrate plans to attend an institution of higher learning, which may be a 2-year or a 4-year college or vocational school. Demonstrate academic effort, with a minimum GPA of 3.0.
- Amount: \$1000 or more
- Deadline: March 04, 2018 by 11:00 PM
- Procedure: Visit <https://cfrrrscholarships.communityforce.com> for the application and more information.

The Craig "Cujo, Jr." Bennett Scholarship Fund

- Qualifications: The selection criteria are intended to encourage a range of deserving students who have demonstrated efforts to overcome a significant hardship. **Eligible Localities:** Caroline County, City of Fredericksburg, King George County, Spotsylvania County, Stafford County
- Amount: \$500
- Deadline: March 04, 2018 by 11:00 PM
- Procedure: Visit <https://cfrrrscholarships.communityforce.com> for the application and more information.

The Mary E. Berger Scholarship Fund

- Qualifications: Applicants to the Mary E. Berger Scholarship Fund must: Be enrolled at any high school from the Virginia cities of Fredericksburg and Lynchburg or the counties of Caroline, King George, Stafford, Spotsylvania and Orange. Have a GPA of 2.5 or greater. Demonstrate strong academic work, and participation in school extra curricular activities as Art club, Band and or Orchestra, Drama club, school publications, debate club as well as sports that indicate involvement beyond class room studies. Leadership in school activities and community service, based on the student's extracurricular and community involvement, is a key determining factor for scholarship reviewers. Demonstrate plans to attend an institution of higher learning, which may be a 2-year or a 4-year college or university or professional school (May be renewed. Contact the Community Foundation for renewal application instructions.)
- Amount: \$500
- Deadline: March 04, 2018 by 11:00 PM
- Procedure: Visit <https://cfrrrscholarships.communityforce.com> for the application and more information.

The Robert H. Bradley, Jr. Memorial Golf Scholarship Fund

- Qualifications: Be a graduating senior from the City of Fredericksburg or the counties of Caroline, King George, Spotsylvania, Stafford or Bob's home town of Clifton Forge, VA Demonstrate plans to attend an institution of higher education (to include two-year and four-year colleges and universities, certified trade and vocational schools, or a certified golf college.). Demonstrate significant involvement in the game of golf.
- Amount: \$500
- Deadline: March 04, 2018 by 11:00 PM
- Procedure: Visit <https://cfrrrscholarships.communityforce.com> for the application and more information.

The Baron P. "Deuce" Braswell II Memorial Scholarship Fund

- Qualifications: Be a graduating senior from any Fredericksburg City or Spotsylvania, Stafford, Caroline or King George County Schools. Have lettered in a varsity sport. Demonstrate plans to attend an institution of higher learning, which may be a 2-year or a 4-year college or vocational school.
- Amount: \$1000
- Deadline: March 04, 2018 by 11:00 PM
- Procedure: Visit <https://cfrrrscholarships.communityforce.com> for the application and more information.

The Como Farm Scholarship Fund

- Qualifications: the donors intend for their gift to support the further education of high school students who are prepared and committed to making significant contributions back to their community. Priority will be given to students for whom financial need or other circumstances create barriers to further education. Youth living in foster homes are encouraged to apply.
- Amount: amount not listed
- Deadline: March 04, 2018 by 11:00 PM
- Procedure: Visit <https://cfrrrscholarships.communityforce.com> for the application and more information.

The Mary Carter Frackelton Scholarship Fund

- Qualifications: Be a graduating senior from the City of Fredericksburg or Caroline, King George, Spotsylvania, Stafford or Orange County. Have a minimum GPA of 2.5. Demonstrate plans to attend an institution of higher education (two-year and four-year colleges and universities and trade and vocational schools). Preference may be given to seniors planning to attend a community college.
- Amount: \$2500
- Deadline: March 04, 2018 by 11:00 PM
- Procedure: Visit <https://cfrrrscholarships.communityforce.com> for the application and more information.

The Molly Gill Memorial Scholarship Fund

- Qualifications: Be a graduating senior from any high school within the counties of Prince William, Stafford, Spotsylvania, King George or Caroline, or the City of Fredericksburg. The selection criteria are intended to open the field to a range of deserving students who have demonstrated efforts to overcome severe physical disabilities, and have served as an inspiration to others. Demonstrate plans to attend an accredited community college or a four-year college or university.
- Amount: \$1000
- Deadline: March 04, 2018 by 11:00 PM
- Procedure: Visit <https://cfrrrscholarships.communityforce.com> for the application and more information.

The Peter D. Johnson Memorial Scholarship Fund

- Qualifications: Attend a high school in one of the following localities: Orange County, Stafford County, Spotsylvania County, King George County, Caroline County or the City of Fredericksburg. Demonstrate plans to attend an accredited undergraduate college or university **located within the Commonwealth of Virginia**
- Amount: \$500
- Deadline: March 04, 2018 by 11:00 PM
- Procedure: Visit <https://cfrrrscholarships.communityforce.com> for the application and more information.

The Betty Booker Lontz Scholarship Fund

- Qualifications: Be a graduating senior from the City of Fredericksburg or Caroline, King George, Spotsylvania, Stafford or Orange County. Have a minimum GPA of 2.75. Demonstrate plans to attend an institution of higher education (to include two-year and four-year colleges and universities, and certified trade and vocational schools).
- Amount: \$500
- Deadline: March 04, 2018 by 11:00 PM
- Procedure: Visit <https://cfrrrscholarships.communityforce.com> for the application and more information.

The Walton Mahon Scholarship Fund

- Qualifications: Be a senior from any Caroline County High School or a homeschooled student residing in Caroline County. Have a high level of academic achievement demonstrated by a GPA of 3.0 or greater. Demonstrate plans to attend a community college or a four-year college or university and study business. Financial need is a consideration but may not be the determining factor.
- Amount: \$1000
- Deadline: March 04, 2018 by 11:00 PM
- Procedure: Visit <https://cfrrrscholarships.communityforce.com> for the application and more information.

The Irene Miller Nursing Scholarship Fund

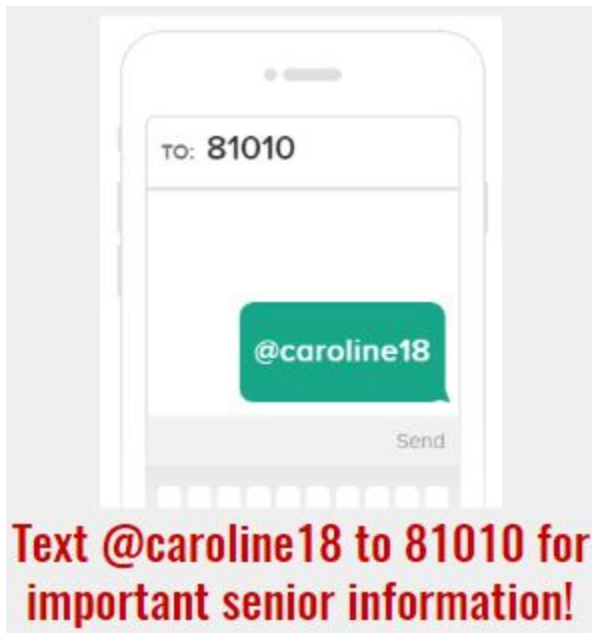
- Qualifications: Be a resident of Caroline County. Have attended Caroline High School for not less than one full academic year or hold a GED or equivalency. A scholarship will be awarded to a promising prospective nursing student from Caroline County who meets the scholarship application requirements.
- Amount: \$2000
- Deadline: March 04, 2018 by 11:00 PM
- Procedure: Visit <https://cfrrrscholarships.communityforce.com> for the application and more information.

The John C. Neal Scholarship Fund

- Qualifications: Be a graduating senior from any Fredericksburg City or Spotsylvania, Stafford, Caroline or King George County Schools. Demonstrate significant service to their community. Have a minimum GPA of 3.0. Demonstrate plans to attend an institution of higher learning, which may be a 2-year or 4-year college or vocational school.
- Amount: \$500
- Deadline: March 04, 2018 by 11:00 PM
- Procedure: Visit <https://cfrrrscholarships.communityforce.com> for the application and more information.

The Janice M. Scott Memorial Scholarship Fund

- Qualifications: be a US citizen, have a 3.0 GPA, be a high school senior matriculating full time to an accredited 4 year college or university, have demonstrated leadership abilities through community service or other extracurricular activities, and parents combined income cannot exceed \$50,000.
- Amount: \$500
- Deadline: March 31, 2018
- Procedure: Visit <https://jmsscottmemorialfund.org/apply/> for the application and more information.



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Important Upcoming Dates

SAT Test Dates

ACT Test Dates

SAT Date	Deadline	Late Deadline	ACT Date	Deadline	Late Deadline
11/04/2017	10/05/2017	10/25/2017	12/09/2017	11/03/2017	11/17/2017
12/02/2017	11/02/2017	11/21/2017	02/10/2018	01/12/2018	01/19/2018
03/10/2018	02/09/2018	02/28/2018	04/14/2018	03/09/2018	05/18/2018
05/05/2018	04/06/2018	04/25/2018	06/09/2018	05/04/2018	05/18/2018
06/02/2018	05/03/2018	05/23/2018	07/14/2018	06/15/2018	06/22/2018

Register for the SAT online at www.collegeboard.org

Register for the ACT online at www.actstudent.org

Cost: \$45.00 (no writing)
\$57.00 (with writing)

late fee: \$73.00
late fee: \$85.00

Cost: \$42.50 (no writing)
\$58.50 (with writing)

late fee: \$73.00
late fee: \$86.00

**** If you receive free or reduced lunch you can receive a SAT or ACT fee waiver. See Mrs. Moore for details! ****

Who Are School Counselors and How Can They Help You?

- School Counselors help students improve academic achievement, personal and social development and career planning.
- They are certified or licensed professionals who possess a master's degree or higher in school counseling, meet the state certification/licensure standards and abide by the laws of the states in which they are employed.
- School Counselors address the academic and developmental needs of all students, by collaborating with students, parents, school staff and the community.
- They design, implement, and maintain guidance programs that align with the educational mission and philosophies of their schools and school districts.
- School Counselors work with students in individual, small group and classroom settings.
- They manage their counseling program just as teachers manage their curriculum.
- School Counselors hold their programs accountable for student achievement by making data-based and data-driven decisions about the school counseling program.

December 2017

Nov 28-Dec 1: Term Grad SOL Testing
December 5-18: SOL Testing
December 19-21: Final Exams
December 21: End of 2nd grading period
December 22-31: Winter Break (no school!)

January 2018

January 1-5: Winter Break (no school!)
January 12: Report Cards go home
January 15: Holiday (no school!)
January 30: National Assessment of Educational Progress